

# NACDEP 2020 Mobile Learning Workshops

# Sail to the Shoals: Isle of Shoals and Portsmouth Harbor Cruise

Take a narrated cruise aboard the MV Thomas Laighton in Portsmouth's historic harbor. Spend 3 hours experiencing the history and the beauty of the seacoast and the little known Isles of Shoals, located six miles off the coast of Maine and New Hampshire. Settled by Captain John Smith, the nine islands have a diverse history as a mecca for fishing in colonial times, a hideout for notorious pirates, and a resort for intellectuals. Other sites we will see include the Naval Prison, Fort Constitution, Portsmouth Harbor Lighthouse, Whaleback Lighthouse, and White Island



Lighthouse. The MV Thomas Laighton is a 90-foot vessel with three decks - two fully heated and enclosed cabins and an open sundeck and holds 300 passengers. Guests (adults & kids) of conference attendees are welcome to join the harbor cruise.

## Fish for Citizen Science: Local Fisheries Walking Tour and Great Green Crab Hunt

Enjoy a walk through Prescott Park to the Portsmouth Commercial Fish Pier located just over the bridge on Pierce Island. Here, you will have the opportunity to see a working waterfront in action and speak with a few fishermen. UNH Extension Fisheries Specialist Gabby Bradt will speak about research being conducted on the invasive green crab. Green crabs are wreaking havoc both economically and ecologically in the region's waters, salt marshes and estuaries. The development of a fishery and market for the edible invasive green crab will help control population. Participants will 'hunt' for green crabs and collect field data as part of an ongoing citizen science project informing this research. Walking distance about 2 miles.

# Explore Dover's Downtown Revitalization through Craft Breweries

Visit the neighboring New England mill town of Dover, NH to learn about the city's transformation from vacant storefronts to a vibrant downtown. City staff will lead a walking tour highlighting downtown revitalization efforts, including new breweries, eateries and housing, improvements to a downtown park, and a waterfront redevelopment project on the Cocheco River. We will stop at three craft breweries to hear from business leaders about how the breweries help bring vibrancy to the downtown. The tour includes a beer sample at each brewery. Walking distance about 1 mile.



#### Let's Get Rollin': Tour de Portsmouth Bike Tour

Bike through the historic Portsmouth neighborhoods of the south end, north end,

west end, and little harbor. We will see historic waterfront including Prescott Park and a charming historic fishing village with homes dating mid 1700's, Little Harbor's Wentworth Coolidge Mansion circa 1740s, Frank Jones's former brewery circa 1850s and head back into town via the West End, noted as the new Brooklyn of Portsmouth. This tour welcomes bikers of all experience and will ride at a casual pace. Bikes and helmets included.

#### Creative Economy 101

Join local city staff and volunteers on a tour of Portsmouth's arts and culture hotspots. We'll visit the Portsmouth Black History Trail, African Burying Ground, local mural art and Percent for Art projects. We will also visit renowned cultural institutions like the Music Hall, Strawbery Banke, and 3S Artspace (an alternative multidisciplinary arts organization that presents and supports artists and performers). We will learn about a variety of arts initiatives in the city including community engagement efforts to create Portsmouth's Cultural Plan and the Americans for the Arts economic impact survey. Walking distance about 1.5 miles.

#### Portsmouth Eats Local Food Tasting Tour

Portsmouth, New Hampshire is a foodie's delight, with one of the highest concentrations of restaurants per-capita in the nation! Bring your appetite and join us on a tour featuring restaurants sourcing locally produced ingredients with samples including the best chowder in Portsmouth (and in New England), gourmet salt, seasonal homemade potato gnocchi, sea salt caramel, and small batch frozen confection. Walking distance less than 1 mile.

#### Seacoast Area Farm and Winery Tour

Join us on a tour of a local farm and winery about 30 minutes outside of Portsmouth. We will travel to Vernon Family Farm in historic Newfields, NH which produces a variety of chicken, mushrooms and vegetables and focuses on community involvement. Farm owner Jeremiah Vernon will speak about the work they do at the farm, the community events they host, and the challenges and successes of family farming. Next, we'll visit neighboring Squamscott Vineyard and Winery. Owners Bill Meserve and Bob Elliott will share how they got their winery off the ground and their challenges and successes. They'll focus on the support they received from different programs, how they've navigated their community, and their future wine plans. The tour will end with an optional wine tasting (\$10 additional fee) on Squamscott's back patio.



#### Coastal Adaptation & Climate Change in Portsmouth

Explore Portsmouth to see how climate change impacts the built and natural environment, and experience creative solutions to mitigating the effects of climate change. Living shoreline projects present new opportunities for habitat-friendly, adaptive approaches. This workshop will include a walking tour led by Kirsten Howard of NH Coastal Program to Portsmouth's Cutts Cove to explore a living shoreline project and the North Mill Pond marsh restoration effort. Peter Britz, Environmental Planner with the City of Portsmouth, will lead a walking tour of Portsmouth's historic South End where many landmarks are particularly vulnerable to rising sea level. We will learn how the City has conducted a Climate Change Vulnerability Assessment to guide adaptive management efforts. Walking distance about 1.5 miles.

## Discover Portsmouth's History and Architecture Walking Tour

Visit Discover Portsmouth, a welcome center and arts, culture and history hub run by the Portsmouth Historical Society to get a sense of where the city has been and where it is today. We will then set out on a walking tour of Portsmouth, guided by Discover Portsmouth's professional guides, featuring the city's history and architecture. We will learn about the city's rich past and lively present — a unique mix of architecture, specialty shops, and bustling streets nestled in a village-like setting. We will end the tour with an opportunity to explore the gardens and home of Revolutionary War hero John Paul Jones, built in 1781, that is now a museum focused on the Revolutionary War era.



## Surf's Up: Surfing or Stand Up Paddleboarding Lesson & Excursion

We'll travel to nearby beautiful Jenness Beach in Rye, NH where you will get outfitted with a wetsuit and surf board or stand up paddle board. You will learn from the experts in a group lesson. If you enjoy the experience, you'll have the opportunity to extend your rental (\$20 additional fee) and play in the surf or relax on the beach. Beginners are welcome!