

# Workshops & REAL Talks

## NACDEP 2020 Virtual Conference



*Friday, May 29, 2020 – 10:30-12:00*

**Title:**

Defining Core Competencies for Food System Curriculum

**Lead presenter:** Courtney Long, Iowa State University

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COMMUNITY DEVELOPMENT



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# Defining Core Competencies for Food System Curriculum

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# Zoom-gistics

## Check Your Tech!

Connect and **test your Zoom audio**.

If you're calling in, **enter your participant ID number** to link your computer and phone. Find it next to your name in the "Participants" sidebar. On your phone, press # [number] # to connect.

Activate your **camera**.

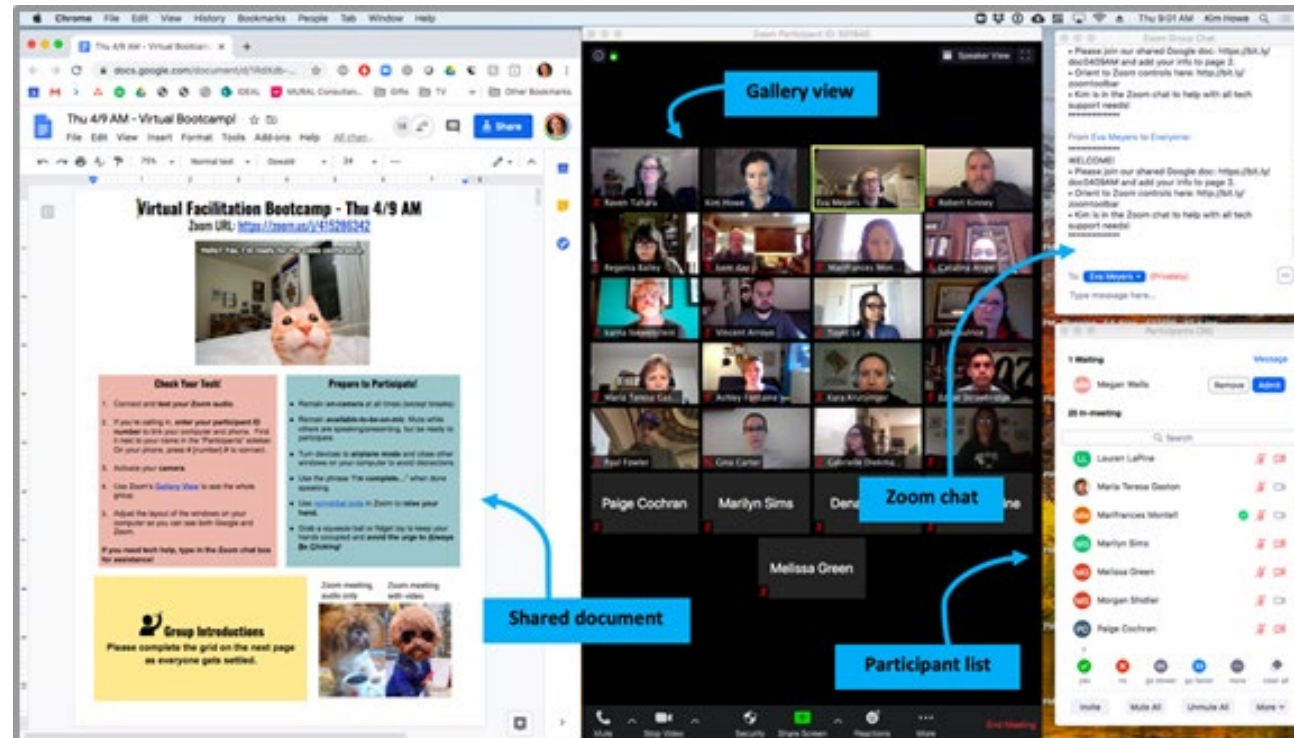
Use Zoom's **Gallery View** to see the whole group.

Adjust the layout of the windows on your computer so you can see both Google and Zoom.

If you need tech help, type in the Zoom chat box for assistance!

Zoom meeting,  
audio only

Zoom meeting  
with video



# Agenda

## *Ground Rules and Technology*

## *Core Competency Overview*

- *Project Goal and Vision*
- *Review of process*
- *Review of findings | Outputs and Deliverables*

*Questions and foundation –*

## *Curricula Examples*

- *NC State*
- *Iowa State University*

*Questions –*

## *Next Steps*

# Ground Rules

- Remain on-camera
- Remain available-to-be-on-mic; but mute while others are speaking
- Avoid distractions
- Please ask questions using the chat tool or by "raising your hand" with participant non-verbal tools
- When finished speaking, please share "I'm complete, or finished" and mute your mic
- Be mindful of "airtime"
- Have grace with yourself and others.

## Agreements for an Effective Meeting Space



- Remain **on-camera** at all times (except breaks).



- Remain **available-to-be-on-mic**. You can mute while others are speaking/presenting, but be ready to participate.



- Avoid distractions: turn other devices to **airplane mode** and minimize open windows on your computer.



- Feel free to **raise your hand** - on camera or using [nonverbal tools](#) in Zoom.



- Use the phrase "**I'm complete...**" to indicate when you are done speaking.



- Be mindful of your "**airtime**." We will occasionally call on people to ensure your voice is heard or create breathing room in the discussion. Consider this an invitation, not an obligation!



- Grab a **squeeze ball or fidget toy** to keep your hands occupied and avoid the urge to **Always Be Clicking!**



- Have grace with yourself and others. We're all figuring this out together!

How do you want to show up today?

What's one intention you'd like to set for yourself?

What's your personal commitment for this meeting?

[Click here for some ideas on possible commitments.](#)



# Certification Poll

# Presentation Objectives

1

## Awareness

- Increase awareness of USDA AMS Core Competency Project and findings

2

## Knowledge

- Increase knowledge of **two existing curricula** that meet parts of core competencies

3

## Collaboration

- Provide information on collaboration opportunities **amongst partners**



# Project Goal and Vision

- Increased networking throughout the nation on food systems curriculum
- Understanding and Development of core competencies for Extension Educators and practitioners in food systems
- Increased understanding in the existing curriculum available related to core competencies
- Identification of gaps where curricula does not exist to meet an identified core competency

# Project Outputs

- Report of existing curriculum gathered from existing surveys from leading organizations
- Report of requisite core competencies for local food Extension Educators
- Assessment survey to organizations with curriculum to understand which competencies are met
- 2 in-person meetings with partner organizations
- Report and matrix of curriculum and core competencies
- Final in-person presentation to USDA with leading partners (5 organizations inclusive of ISU)
- Public platform for hosting of the matrix developed

# Core Competency Partners

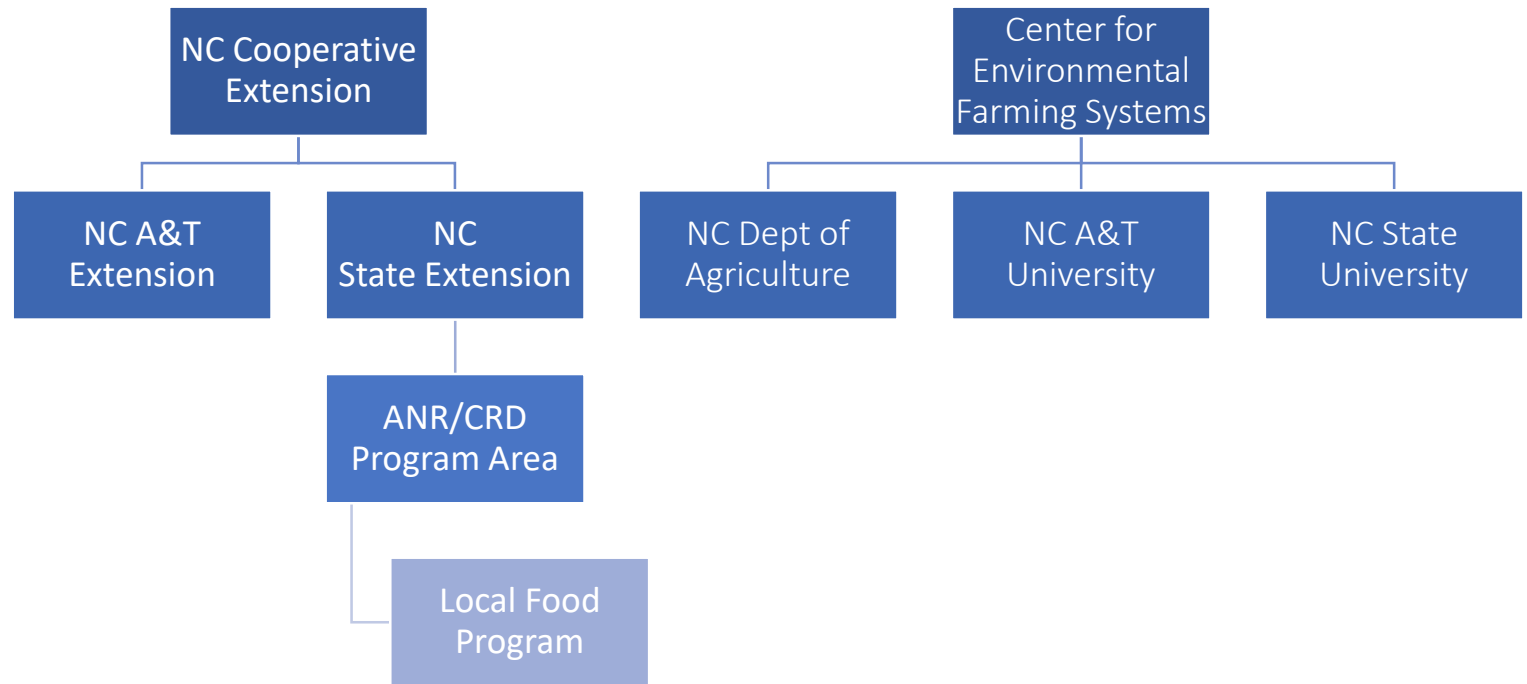
## Leading Partners

- NAFSN
- eXtension
- Wallace Center
- NC State

## Partner Organizations

- Alaska Pacific
- Alaska Extension
- Colorado Public Health
- Texas Center for Local Food
- University of Kentucky
- Community Farm Alliance- Kentucky
- Southern Extension Risk Management
- University of Arkansas
- Central Pennsylvania Farm to Food Network
- Penn State Altoona
- Virgin Islands Good Food Coalition
- American Farmland Trust
- NCAT- Southeast + Northeast Region
- Virginia Tech
- Tuskegee University
- John Hopkins Center for Livable Future
- New Entry Sustainable Farming Project
- UW Madison Extension
- University of Vermont
- Chicago Food Policy Council
- National Urban Extension and K-State
- Southern SAWG and Clemson
- Nebraska Extension

# Introductions: NC State



**The NCCE Local Food Program is a statewide initiative designed to promote the production, marketing, and consumption of food grown and caught in NC.**

The Local Food Program integrates all Extension Program Areas to support our stakeholders that include: youth, consumers, farmers, and policy makers.

Local Food Coordinators are in each of our 101 County Offices and represent agents across all Extension Program Areas.



## Local Food Program Areas of Work



### Local Food Program Team

This team consists of **7** work groups of **85** specialists and agents who have produced **19** programming resources and counted **655+** agents engaged in trainings.



### Online Courses

Since 2015, **100** participants have taken the courses. We currently offer **3** online professional development courses.



### Building Capacity for Local Food Systems

In the past two years, the Local Food Program has provided direct support for **6** grant-funded projects.

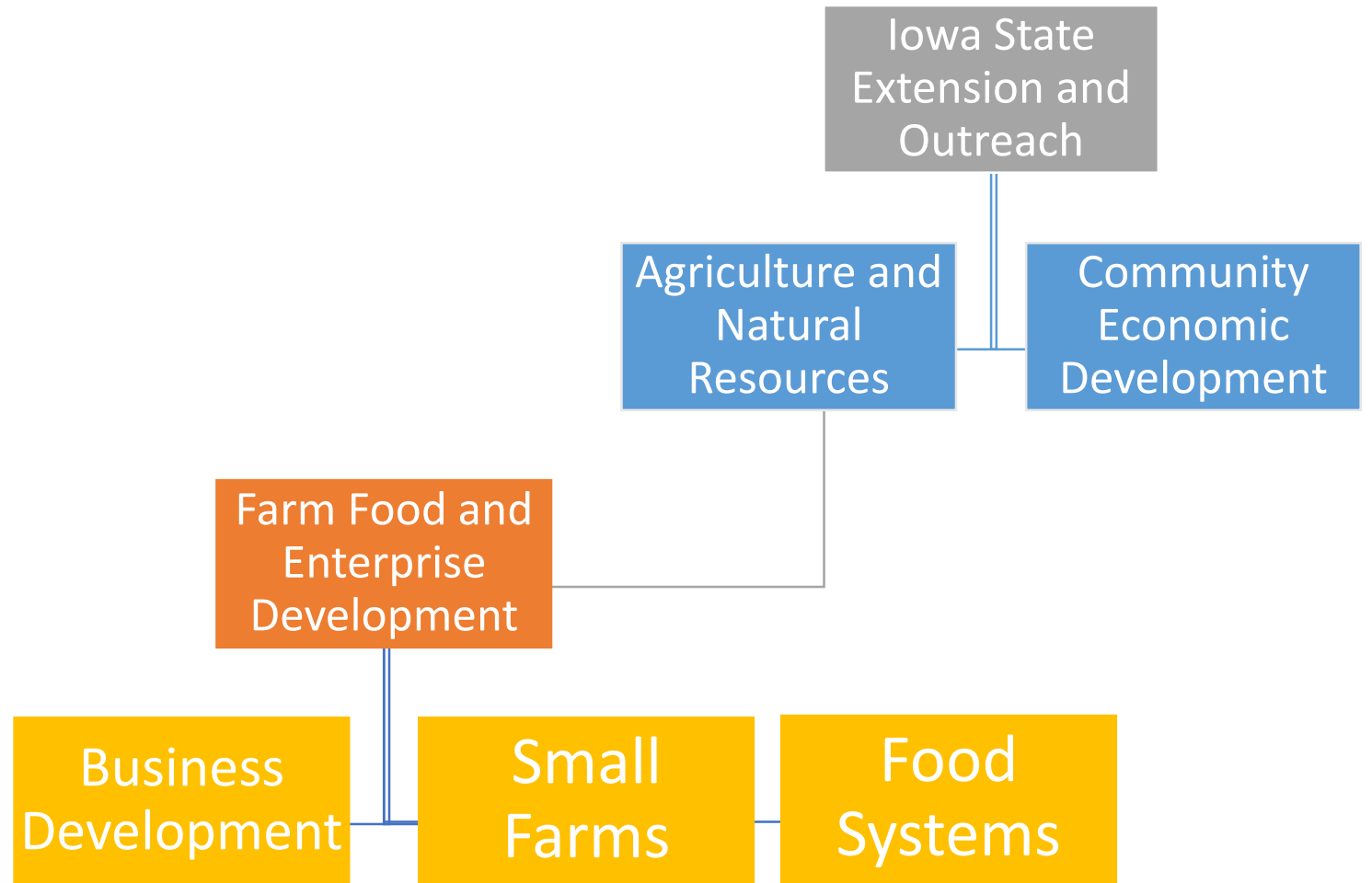


### Technical Support for Agents

The Local Food Portal has **107** pages of information and resources about local food and agriculture.

There are **38** Agent Resources available on the Local Food Portal.

# Introductions: Iowa State



# Business Development

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- Business Development
- Feasibility Studies
- Market Research
- Best Practices





# Small Farms



A national information resource for value-added agriculture

Search...

- CURRICULUM
- COMMODITIES & PRODUCTS
- MARKETS & INDUSTRIES
- BUSINESS DEVELOPMENT
- RENEWABLE ENERGY
- DIRECTORIES & STATE RESOURCES

Home \ AgMRC Special Projects Initiative Curriculum

## AgMRC Special Projects Initiative Curriculum

### AgMRC Curriculum

The following lessons can be utilized independently of each other to educate students on value-added agriculture and the information shared on [www.agmrc.org](http://www.agmrc.org). The lessons were developed by Dustin Perry, Preston Byrd, Trent Wells, Ely Stremsterfer, and John Rasty, graduate students in the Department of Agricultural Education and Studies at Iowa State University. Additional lessons will be added as they are developed.

#### Website Orientation

- Lesson 1. Browsing the website

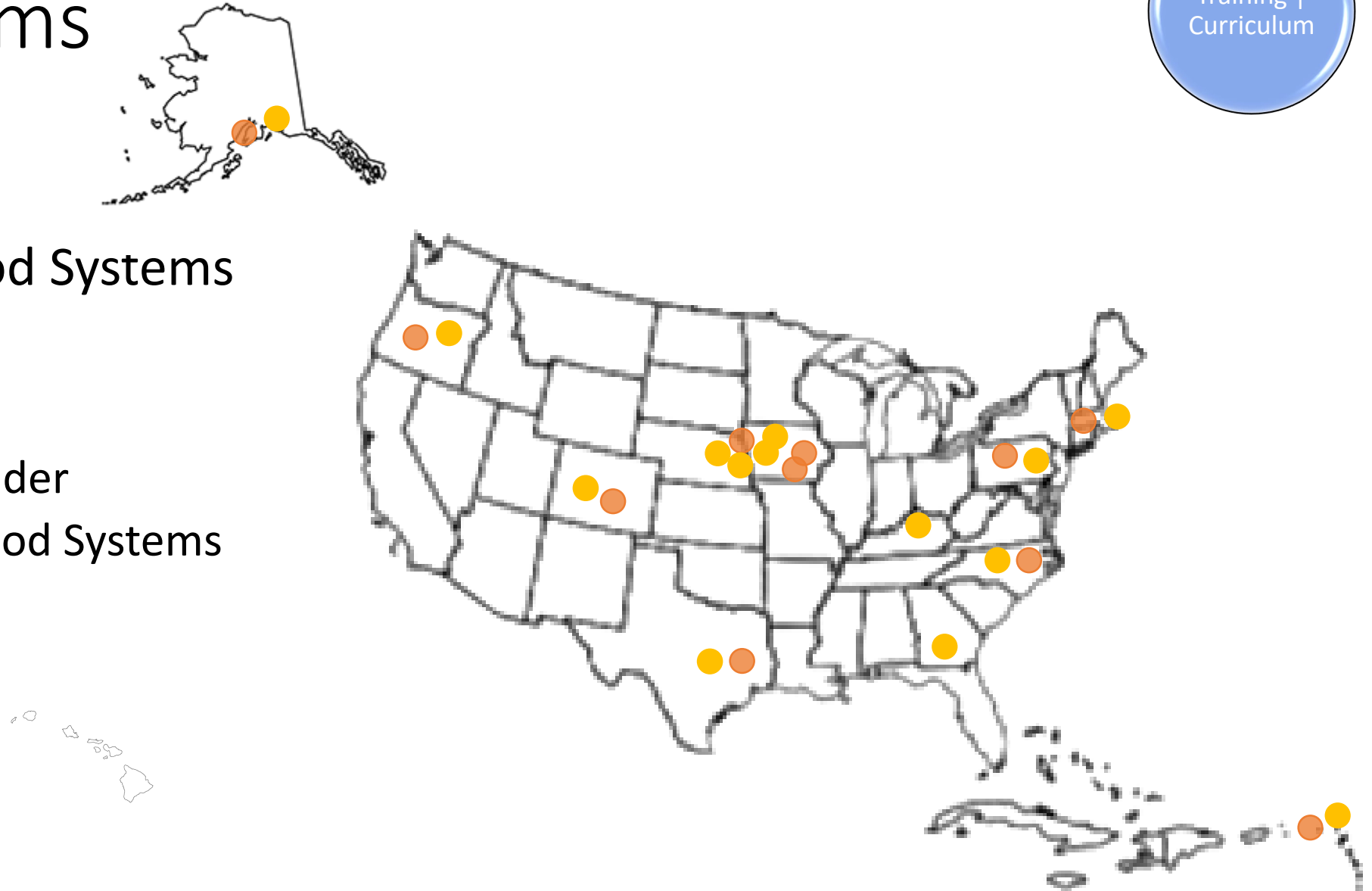
#### Business Development

- Unit 9. Grains and Oilseeds
  - Lesson 1. Introduction to grains and oilseeds
  - Lesson 2. Exploring Corn
  - Lesson 3. Corn Utilization Debate
  - Lesson 4. Exploring Wheat
  - Lesson 5. Genetically Modified Crop Production Debate

- Agritourism
- Small Farm Support
- AgMrc
- SARE

# Food Systems

- Farm to School
- Community Food Systems
- Certifications
  - Mapping 101
  - Local Food Leader
  - Community Food Systems



# Process Review

## October

- Identify core competencies needed for ag professionals and practitioners
- Identify existing curriculum that teaches food systems practices

## November

- Develop learning objectives for core competencies
- Identify existing curriculum that already teaches these objectives

## Overall Project

- Identify gaps in curricula based on core competencies
- Develop a matrix of existing curriculum and core competencies

# Nine Core Competency Categories

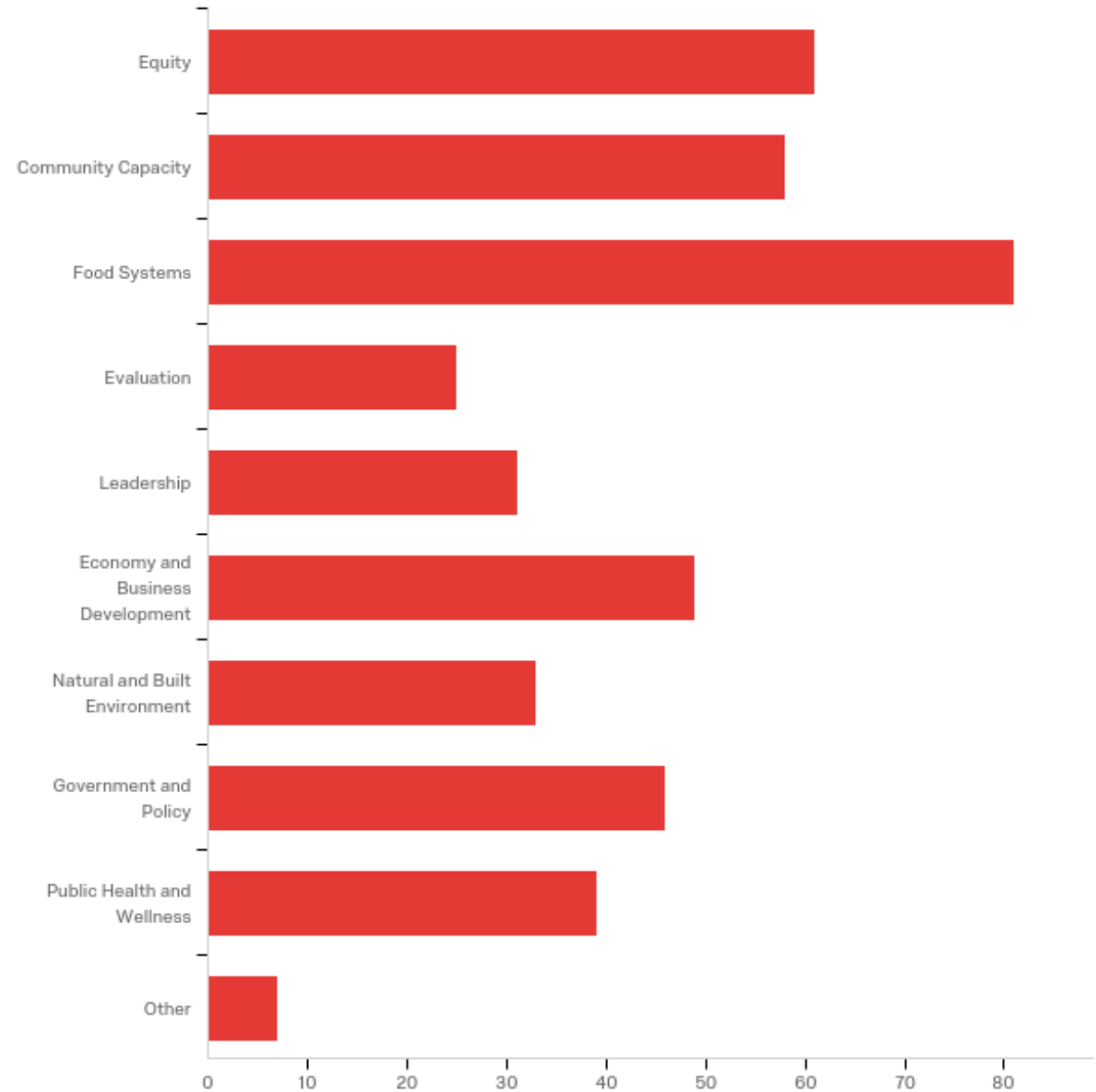
- Community Capacity
- Food Systems
- Equity
- Government and Policy
- Natural and Built Environment
- Economy and Business Development
- Evaluation
- Leadership
- Public Health and Wellness

# Core Competency Survey

- Over 450 opened; appx. 140 unique responses
- Open ended responses to each category
- Request for information on missing categories
  - All of which relate to the 9 chosen categories
- Prioritization of categories
- Identification of existing curricula
  - All will receive the curricula survey
- >50 curricula identified in initial survey
  - Majority curricula, some resource identification
- >60 seeking continued involvement and updates on report and matrix

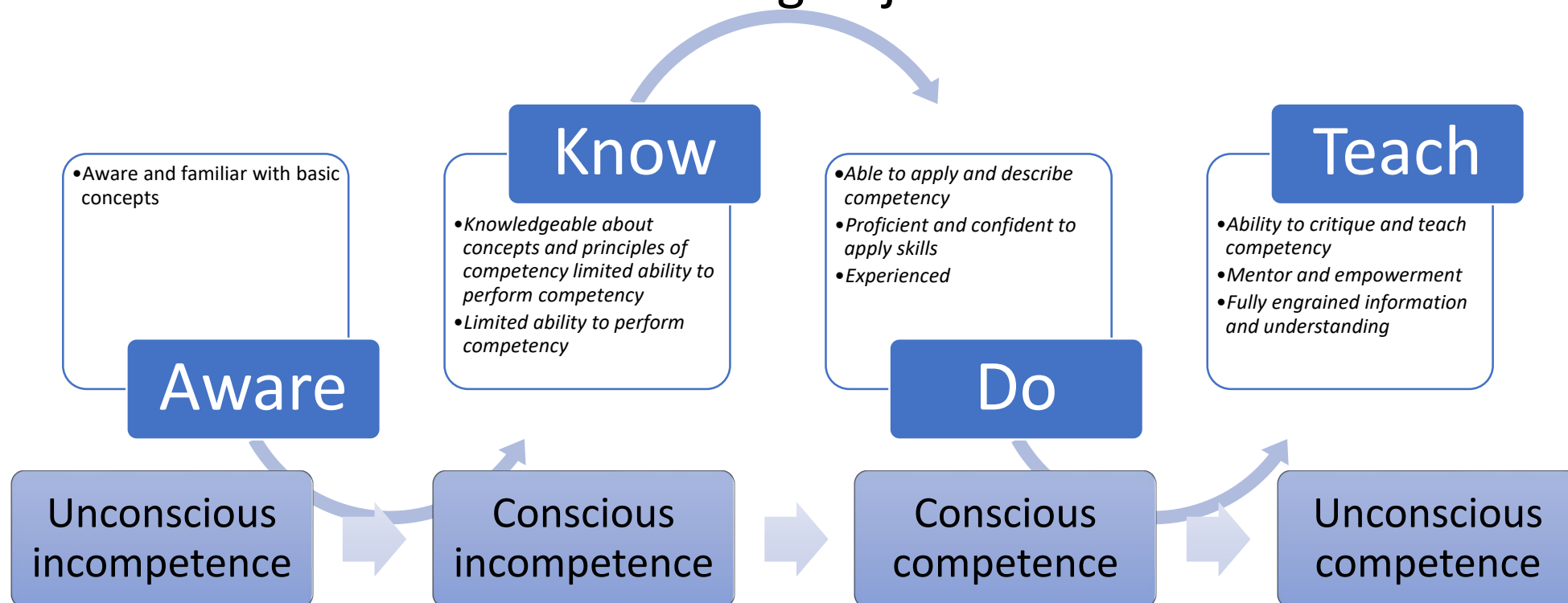
# Priorities

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# November Review

- In-person meeting to reframe categories and sub-categories needed
- Discussion on core competency learning objectives
- Refinement of matrix for learning objectives



# Example: Food Systems

What is a Food System (common language)

Tiers of the food system

Production and *wild, subsistence*, harvesting practices

Processing and value-added practices

Aggregation and distribution practices

Direct, Retail and wholesale markets

*Natural, human, social...* Resource management

Equity and Inclusion in the Food System



# Core Competency Outputs

- Learning Objectives
- Matrix- open platform
- Final Report

# Next Step Suggestions

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- *Create working teams to review and edit the learning objectives for each competency*
- *Articulate types of learning that support each area of knowledge (beginner), behavior (proficient), and teaching (mastery)*
- *Create an online portal to identify and highlight existing curricula, tools, networks and best practices that support each level of learning and competency*
- *Develop an accrediting body that can review, critique and accredit curricula*
- *Develop new curricula based on gaps from the competency-based platform*
- *Continued networking and support within competency areas*

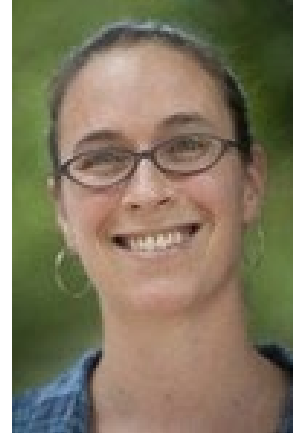
# Competencies Wrap-Up

- Competencies of Interest poll
- Questions and Clarifications

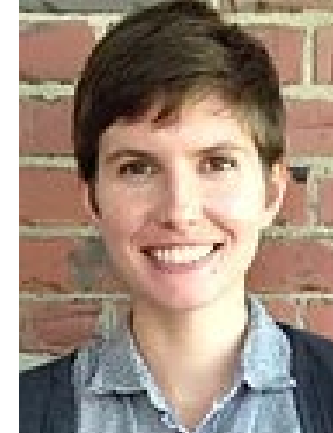
## Our Team



**Hannah Dankbar**  
Local Food Program  
Manager



**Dr. Dara Bloom**  
Assistant Professor and  
Local Foods Extension  
Specialist

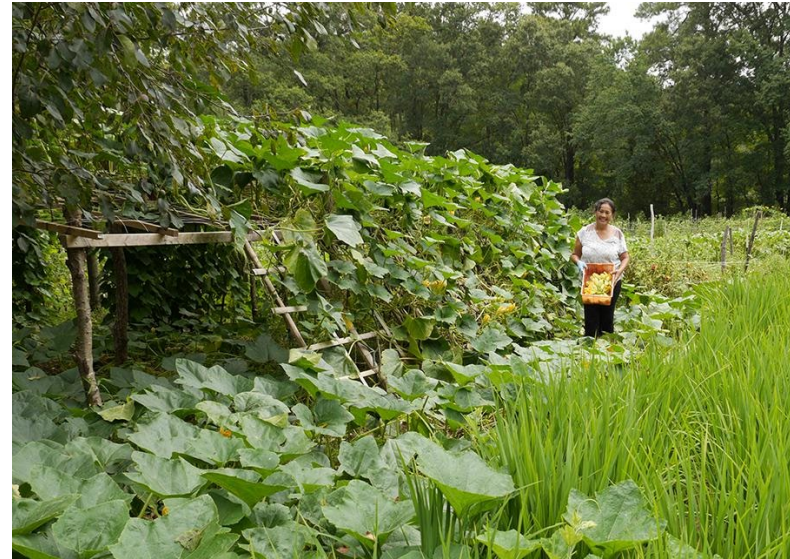


**Dr. Emma  
Brinkmeyer**  
Local Food Program  
Assistant

## Primary Objective

Increase the capacity of Extension and other professionals\* to work with and educate growers, processors, distributors, buyers, and community members in the development and facilitation of high performing local food systems.

\* *e.g. non-profits, other state agencies, local/regional governments, and private sector employees*



# History

2013-  
2014

Planning process with 40+ stakeholders across the state.  
Coordinated with NAFSN to develop core competencies.

2015

Launched in-person graduate course for North Carolina, South Carolina, and Virginia students.

2016

Launched online courses.

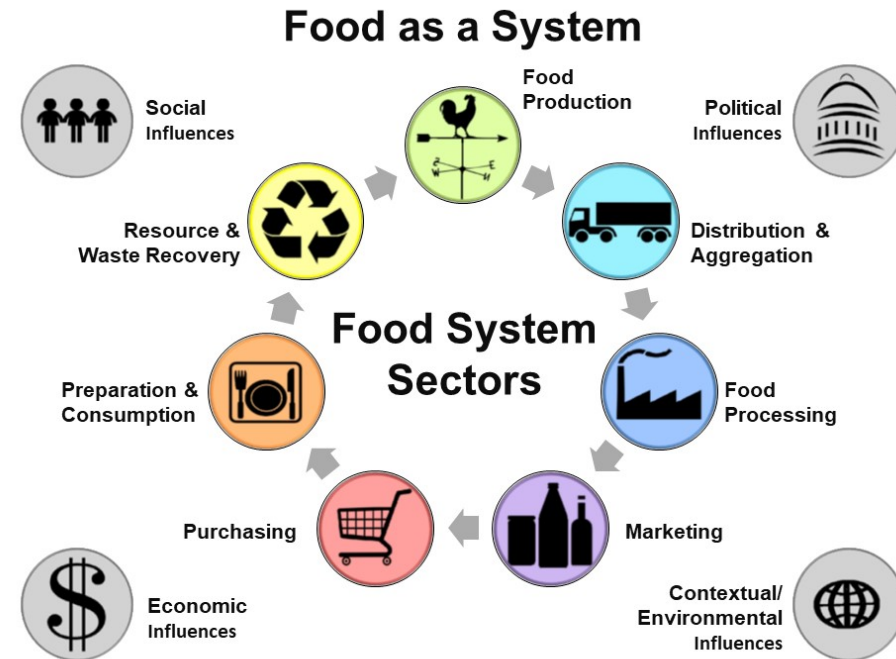
2019

Completed regional course development with Virginia and South Carolina Extension. Continue with online course delivery.

# Student Outcomes

Students will understand and utilize  
(in food systems development):

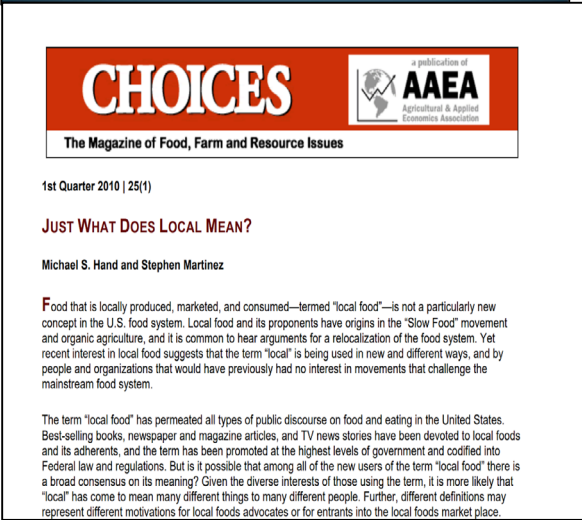
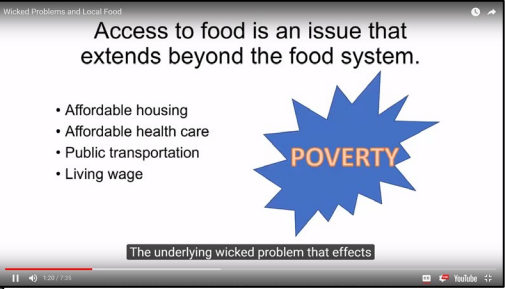
1. A systems approach
2. Place-based awareness
3. Diverse networks and collaboration through community leadership



Adapted by Center for Environmental Farming Systems from Cornell University, *Discovering the Food System, A Primer on Community Food Systems: Linking Food, Nutrition and Agriculture.*

# Online Certificate Series Learning Activities

- Recorded Lectures
- Voiceover Presentations
- Readings
- Forum Posts
- Virtual Field Trips
- Storyline Interactive
- Activities
- Podcasts
- Assessments





## Online Courses: 1 of 3

### Foundations of Local Food System Development

This introductory course is designed to provide a solid general foundation of knowledge of local food systems practice. The course provides a history of the US food system, defines key terminology, and describes the benefits and challenges of local food systems.

This course takes 14-15 hours to complete.

#### Course Modules

Introduction to  
Food Systems

Community  
Engagement & Food  
Systems Change

Regulatory Policy &  
Frameworks for Local Food  
Systems Development

## Online Courses: 2 of 3

### Farm to Fork: Foundations in Local Food Supply and Value Chains

Participants learn about the concept of a value chain, and explores what values drive supply chain configuration in different contexts, as well as how value chain development can support community and economic development.

This course takes 9 hours to complete.

#### Course Modules

Community &  
Producer Values  
& Value Chains

Market Channel  
Assessment &  
Selection

Communicating Values  
& Differentiating  
Products

## Online Courses: 3 of 3

### The Bottom Line: Economic Realities & Other Considerations of Local Food Systems

Participants learn about legal structures for local food value chain businesses, the case for triple bottom line impacts of local food systems, and traditional and alternative financing methods. Participants also explore basic business planning and risk management, and some keys to marketing local food products, including regional branding.

This course takes 9 hours to complete.

#### Course Modules

Understanding  
Data in the Food  
& Farming System

Local Food Business  
Planning Basics

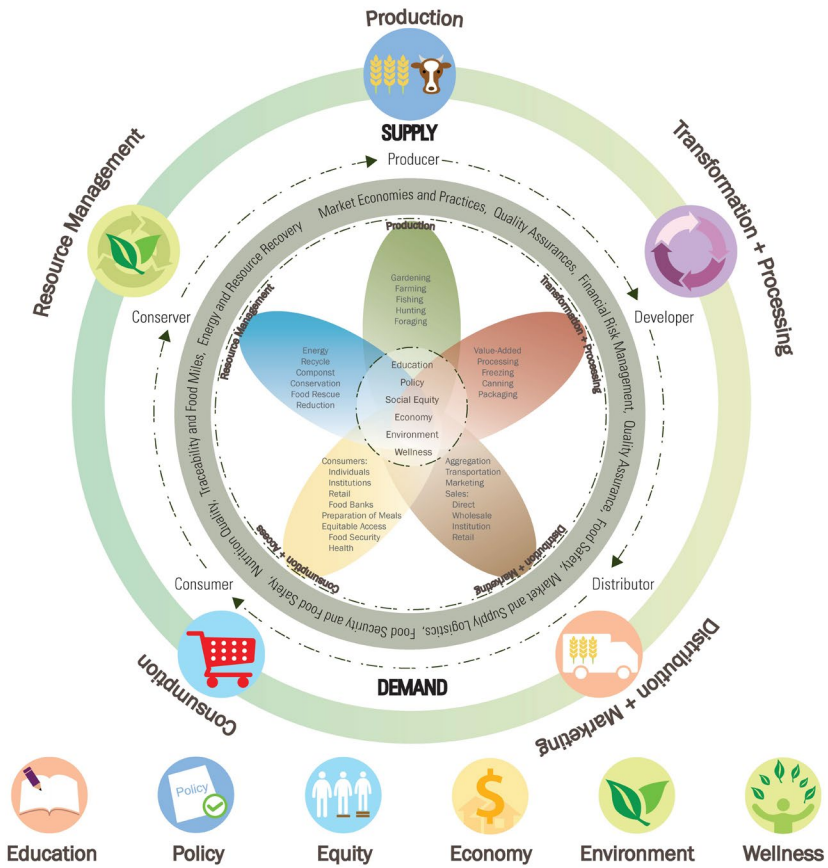
The Potential Economic Impact  
of Local Food on Communities  
and Local Economies

# Foundations Course

- Sharing Core Competencies met in curricula
  - [Learning Objective Matrix](#)
  - [Curricula Matrix](#)

Further Information Can Be Found At:  
<https://www.localfoodcourses.org/>

# Iowa State Courses



# History

**2003-current**

Regional Food Systems Working Group- quarterly meetings

**2014**

Agricultural Urbanism Toolkit Funding

**2015**

Community Interest in professional development for food systems practitioners: Local Food Leader

**2016**

First in-person Local Food Leader workshop

**2017**

Receive funding from AgMrc for development of dual delivery certifications and development of 2 new certifications

**2018-2019**

Local Food Leader and Community Food Systems workshops offered in 14 states with online curricula; development of Mapping 101 virtual certification

**2020**

Revising for online only due to COVID-19

# Course Options

	Local Food Leader	Community Food Systems	Mapping 101
Time	40 hours	80 hours	12 hours
Audience	individuals interested and seeking foundational skills for food systems engagement	food systems practitioners seeking a process for food systems development	food business or food systems practitioners
Workshop	<p>One Day Workshop</p> <p><b>4 online modules</b>            Community Food Systems            Methods of Engagement            Building Teams            Evaluation</p>	<p>Two Day Workshop</p> <p><b>Online modules</b>            Framework            Collective Thinking            Community Food Systems Assessment            Project Development            Feasibility            Economic Impact Analysis</p>	<p>Online Modules</p>
Objectives	<ul style="list-style-type: none"> <li>•have an understanding of common language in food systems;</li> <li>•new skills for engagement;</li> <li>•increased capacity for facilitating groups and leading projects;</li> <li>•understanding of the importance of plans of work and evaluation</li> </ul>	<ul style="list-style-type: none"> <li>•Understand a framework for strategic planning for food systems development;</li> <li>•increased knowledge and confidence for team building;</li> <li>•understanding for how design connects to food systems development;</li> <li>•Enhanced skills for food systems assessments, feasibility studies and impact analysis</li> </ul>	<ul style="list-style-type: none"> <li>•new skills to develop maps as it relates to food systems assessments or feasibility studies;</li> <li>•understand the importance of mapping as it relates to decision making</li> </ul>



# Learning Activities

- Recorded presentations with voiceover and closed captioning
- Readings and interactive discussions with cohorts
- Activities including observations, response to readings or lectures, hand-in assignments
- Observation
- Pre and post tests
- Pre and post evaluation

# Local Food Leader

- Sharing Core Competencies met in curricula
  - [Learning Objective Matrix](#)
  - [Curricula Matrix](#)

Questions on curricula?

Next Steps and discussion

# Get Involved

- NAFSN Community of Practice: Email [Hannah](#) to get added to the list.
- Extension: [Community, Local, & Regional Food Systems CoP](#)
- Wallace Center: [Food Systems Leadership Network](#)
- Have curricula? Email [Courtney](#) to share through the existing matrix.

# Thank You!

## Contact Information

- Courtney Long: Iowa State University Food Systems Program Manager- [court7@iastate.edu](mailto:court7@iastate.edu)
- Hannah Dankbar: NC State Extension Local Food Program Manager- [hannah\\_dankbar@ncsu.edu](mailto:hannah_dankbar@ncsu.edu)

Please participate in a brief [survey](#)