



NACDEP 2020

Pre and Post Conference Workshops

Pre-Conference Workshops: Sunday, May 31, 2020

From River to Sea: Kayaking Tour of Little River, Wells, Maine

9 a.m. – 2 p.m.

Led by: Caryn Beiter, School and Docent Programs Coordinator, Wells National Estuarine Research Reserve

Come explore where the river meets the sea—by kayak! Paddle the quiet waters of the estuary while watching for wildlife and learning about this treasured habitat. This is a relaxing paddling experience appropriate for all levels of kayaking ability. We will begin surrounded by flat salt marsh grass habitat and greener waters, pass through a transition zone of reeds and taller grasses to make our way upriver into thicker forests and darker waters. We will keep our eyes out for kingfishers, snowy egrets, osprey, coyotes, deer and the many other inhabitants of the salt marsh. We will be kayaking closer to low tide than high tide so this should help with our bird viewing opportunities. The tour will stop at a local Maine restaurant on the way back to Portsmouth; please bring money for lunch. This tour welcomes kayakers of all experience. Cost: \$60

The fine print: Maximum weight for kayaks is 325 pounds. Participants must be able to get up from a seated position on the ground. The kayak dock is a quarter-mile walk from the Visitor Center, so participants need to be able to walk on uneven surfaces while carrying a kayak paddle this distance. Please dress for the weather. Layers are a good idea, both for temperature fluctuations and sun protection. Please also bring a reusable water bottle, sunglasses, a hat, and sunscreen with you. Mosquito/tick protection is recommended for the quarter-mile trail walk from our Visitor Center to the dock. Following are optional items to consider: Binoculars, camera/phone, small dry bag to prevent valuables from getting wet, and a light snack.

Arts Extension Toolkit: Combining Placemaking, Arts, and Community Design in Extension Programming

1 p.m. – 4 p.m.

Presented by: Melissa Bond, UK CEDIK; Jayoung Koo, UK Landscape Architecture; Stephanie Richards UK Arts Administration; Anne Stephens, UK Greenup Extension; Cortney Moses, UK Whitley Extension; Ryan Sandwick, UK Landscape Architecture

Abstract: Learn about the new Arts Extension/Creative Placemaking Toolkit created by University of Kentucky to help Extension Educators incorporate community arts, creative placemaking, and community design into programming efforts. Through hands-on activities, data-driven examples, and sample evaluations, attendees will discover how to implement these programs in their own communities.

Lights, Camera, Launch!

1 p.m. – 4 p.m.

Presented by: Kenzie Johnston, OSU Extension CD Educator; Rachel Leggett, OSU Extension Video Program Assistant; Rob Leeds, OSU Extension ANR Educator; Greg Davis, OSU Extension Department Chair

Abstract: Extension professionals must seek new ways to reach the public. Short educational videos can be used to promote programs, educate, and serve as social media content. This session will help Extension professionals engage in using video technologies that can immerse the learner in a bold, exciting, entertaining, evidence-based learning experiences .

Post-Conference Workshops: Wednesday, June 3, 2020

Leading with resilience: Well-being strategies enabling you and your communities to thrive

1 p.m. – 4 p.m.

Presented by: Denise Stromme, University of Minnesota Extension, Center for Community Vitality; Lori Rothstein, University of Minnesota Extension, Center for Community Vitality

Abstract: In this interactive workshop, you will gather and practice individual and collective strategies to increase your ability to be present, nurture relationships, help you lead with intention, and savor life's joys so you can strengthen your resilience to thrive in your community, work and personal leadership and lives.

Racial Healing: Let's Start Talking

1 p.m. – 4 p.m.

Presented by: Michelle Eley, Community & Economic Development Specialist, NC A&T University; Crystal Tyler-Mackey, Community Viability Specialist, VA Tech University; Rachel Welborn, Associate Director, Southern Rural Development Center; Cintia Aguilar, Program Manager, NC State Extension

Abstract: Conflicts surrounding differing racial and ethnic backgrounds continues to escalate on multiple levels. Even within Extension Service we are challenged by navigating these differences. Yet there is a path forward. This session will explore the value of dialogues through experiential learning. So, come ready to join the conversation.